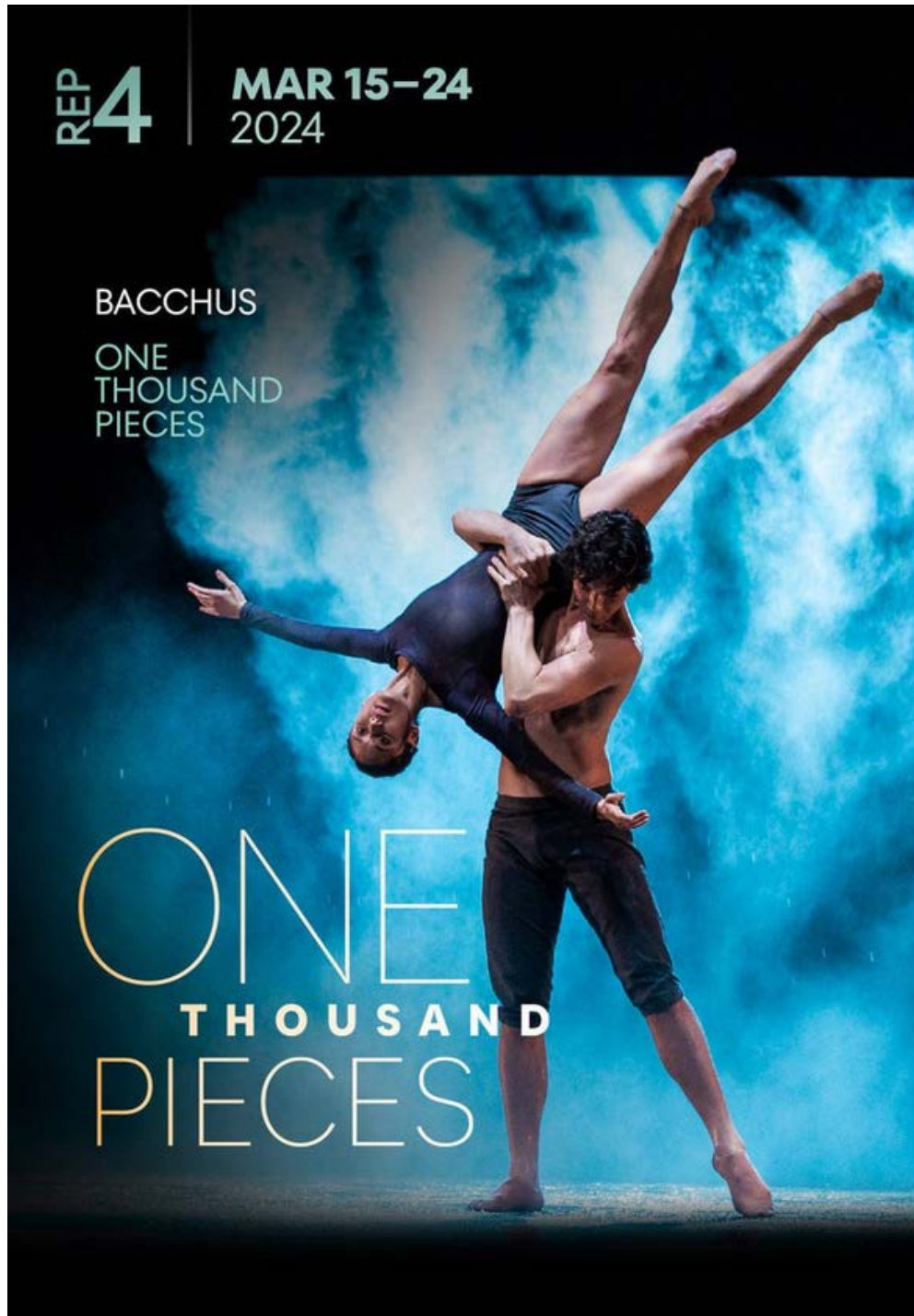


SENSORY GUIDE



PNB PACIFIC
NORTHWEST
BALLET



SENSORY ACCESS
ACCESS FOR ALL

GENERAL CONSIDERATIONS

- Total Duration: 2 hours and 30 minutes, including two 20 minute intermissions.
 - Bacchus: 25 minutes
 - Intermission: 20 minutes
 - One Thousand Pieces - Act I: 40 minutes
 - Intermission: 20 minutes
 - One Thousand Pieces - Act II: 33 minutes
- The decibel levels recorded in this guide account for moments of applause; sound levels may vary depending on the specific audience.
- This Sensory Guide was developed following an audit conducted by a member of the Sensory Access team who is neurodivergent and hyperacoustic.

SENSORY IMPACT KEY



Auditory Impact



Visual Impact



Emotional Impact



Strobing Effects

COMMON DECIBEL (DB LEVELS)

70	Office/classroom chatter
80	Busy traffic, dog barking
90	Hairdryer
100	Lawnmower, construction site
110	Concert, night club
120	Police siren, airplane taking off



SENSORY ACCESS

ACCESS FOR ALL

BACCHUS

SCENE

DESCRIPTION

SENSORY

1st Movement "Icarus"
(3:15)

- High-pitched string notes



2nd Movement "Trio Con
1" (3:45)

- High-pitched string notes
- Up to 91.8 dB



3rd Movement "Liberty 1"
(3:35)

- High-pitched string notes
- Up to 98.4 dB



4th Movement "Bacchus"
(2:40)

- Up to 95.7 dB



5th Movement
"Morpheus" (3:10)

- Some high-pitched notes
- Multiple crescendos
- Up to 87.6 dB



6th Movement "Spiral 1"
(2:35)

- High-pitched string notes
- Complex sound



Silent Section (0:55)

- Quiet breaths
- Soft choreographed claps

BACCHUS

SCENE

DESCRIPTION

SENSORY

7th Movement "Spiral 3"
(2:50)

- High-pitched notes
- Up to 92.8 dB



Bows (1:30)

- Loud audience clapping and cheering
- Backdrop lighting dims and turns back on quickly
- Up to 107.3 dB



ONE THOUSAND PIECES - ACT I

SCENE

DESCRIPTION

SENSORY

1st Section - Overture & Opening Solo (3:15)

- Repetitive, high-pitched triangle "dings"
- Flash of light (mild)



2nd Section - 1st Sextet (3:00)

- Some high-pitched notes



3rd Section - 2nd Sextet (2:10)

- Two quiet, but high-pitched, whistles
- Some high-pitched string notes



4th Section - Duet 1 (3:00)

5th Section - Duet 2 (1:20)

- High-pitched string notes



6th Section - Quartet/Duet/Trio (3:30)

- High-pitched string notes
- Crescendo
- Squeaks of ballet slippers
- Up to 90.2 dB



7th Section - Duet 3 (2:15)

- Volume levels bounce up and down
- High-pitched notes



ONE THOUSAND PIECES - ACT I

SCENE

DESCRIPTION

SENSORY

8th Section - Jazz Section
(2:25)

- High-pitched notes
- Crescendo
- Up to 84 dB



9th Section - The
Illusionist (2:25)

- Sudden blackout at the end



10th Section - Einstein on
the Beach (4:40)

- Loud voice on stage
- Musician is in the aisle right in front of the orchestra pit
- Up to 98.0 dB



11th Section - Cello
Double Duets (4:10)

- Very low string notes



12th Section - Water (7:45)

- Bright stage lights
- The sound of misting machines in the background throughout
- Crescendo
- Up to 105.5 dB



ONE THOUSAND PIECES - ACT II

SCENE

DESCRIPTION

SENSORY

1st Section – Cassandra’s
Dream (2:20)

- Up to 91.76 dB



2nd Section – Twitch Line
(2:20)

3rd Section – Duet 1 (1:45)

- Crescendo
- Up to 84 dB



4th Section – Lifting
Entrances & Sextet (1:35)

- “Brushing” percussive sounds
- Triangle dings



5th Section – Duets Line
(2:10)

- “Brushing” percussive sounds
- Triangle dings



6th Section –
Solo/Duet/Triple Duets
(1:50)

- “Brushing” percussive sounds
- Triangle dings
- Soft whistle



7th Section – 7 Dancers
(2:55)

- Triangle dings
- Up to 88 dB



ONE THOUSAND PIECES - ACT II

SCENE

DESCRIPTION

SENSORY

8th Section – 7 Couples
(1:00)

- High-pitched notes
- Up to 95.3 dB



9th Section – Mad Rush:
Solo then Quartet (2:35)

- Bright lights reflect towards the audience



10th Section – Mad Rush:
Double Duet (1:10)

- Bright lights reflect towards the audience
- Up to 88 dB



11th Section – Mad Rush:
Duet (1:15)

- Up to 84 dB



12th Section – Mad Rush:
Double Quartet (1:20)

- Bright light reflected towards audience



13th Section – Mad Rush:
Duet (1:05)

- Bright light reflected towards audience



14th Section – Mad Rush:
Group Dance (2:35)

- Up to 86 dB



ONE THOUSAND PIECES - ACT II

SCENE

DESCRIPTION

SENSORY

15th Section - Mad Rush:
Last Quartet (1:15)

- Bright light reflected at audience



16th Section - Mad Rush:
Last Duet (2:40)

- Up to 104.0 dB



McCaw Hall



The performance takes place at the Marion Oliver McCaw Hall in Seattle, WA. Seating is stadium style, with two aisles in the center and two on either side of the Hall. McCaw Hall is configured with an orchestra section on ground floor and two layered balconies above.

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